

PSC UPDATE 02-2014 / JULY

# CONCENTRATED INSPECTION CAMPAIGN ON HOURS OF REST (STCW)

Paris MoU, Tokyo MoU, Mediterranean MoU, Black Sea MoU and Indian Ocean MoU have announced that a Concentrated Inspection Campaign (CIC) will be conducted during the period of 1 September to 30 November 2014.

The focus area during this campaign will be Hours of Rest and will involve both ISM (through STCW) and MLC, 2006. The minimum requirements for hours of rest between the two conventions are now aligned.

The main principles of the requirement are given below:

- Rest hours means time outside hours of work, but does not include short breaks
- The master is considered a seafarer, also in this respect
- Minimum ten hours of rest in any 24-hour period
- Minimum 77 hours of rest in any seven-day period
- Hours of rest may be divided into no more than two periods; one of the periods to be at least six hours in length
- Intervals between consecutive periods of rest shall not exceed 14 hours
- Musters and drills shall be conducted in a manner that minimises the disturbance of rest hours
- Seafarers on call shall have an adequate compensatory rest period if the normal period of rest is disturbed by call-outs
- Table of "Working arrangements" shall be posted and shall contain schedules for both sea and port service as well as the minimum hours of rest required
- The table of "Working arrangements" to be made available in the working language as well as in English
- Daily records to be kept; the standard form to be available in the working language as well as in English

- The seafarers shall receive a copy of their records, which shall be signed by the master or a person authorised by the master and the seafarers.

Fatigue is a challenge to the maritime industry, and attention to hours of rest should at any time be closely addressed and monitored by the ship owner as well as the master.

In preparation for the upcoming campaign, we recommend to pay particular attention to the importance of the above-mentioned requirements in order to avoid unnecessary delays in ports.

More information will follow as soon as additional information, such as checklists, has been made available from the PSC regimes.

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